

FOREWORD

Have you ever been around a group of really powerful women? And I'm not just talking about women who have long titles in front or behind their names. I'm talking about the energy you feel when you're surrounded by women who are so sure of themselves – so sure about who they are and who they are meant to be. It's stunning, isn't it? And somehow just by being in their presence you feel more empowered, inspired, and determined to take charge of your life.

If you haven't had the chance to experience that before...get ready. It's what this book is all about. Erika Gilchrist has done a fabulous job of getting these dynamic women to share their words of wisdom on how YOU can become an emotionally sound unstoppable woman.

Most women are already great human beings. We're innately wonderful. We're the matriarchs of our families, communities and of our own lives. But, what's an *Unstoppable* woman? I'm glad you asked. It's the difference between being ordinary and being *extraordinary*. It's the difference between moving through life and really *living it*. It's the difference between making a difference and being *legendary*.

As you read these pages, let yourself feel the energy and vigor resonating from each woman, each story, and each lesson. And prepare to become an *Unstoppable Woman!*

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